



# **SACRED SOLAR JOURNEYS**

## **PERU / BOLIVIA**

### **JUNE 14th – JULY 5th 2011**

Imagine yourself on a South American Adventure to discover the delights of Peru and Bolivia at the very special time of the Winter Solstice.

This is a time of huge celebration as the Sun is welcomed back after a long cold winter. You get to experience the “Inti Raymi Festival” in the ancient city of Cusco (the “navel” of the world)

This Festival is the major festival of the year and attracts thousands of people who come to celebrate for a week. We will be there for the 24<sup>th</sup> June so that you can enjoy all of the colour and celebration at its climax.

For the first part of the trip we will base ourselves in the beautiful Sacred Valley as there are many exceptional Sacred Sites in this region. Machu Picchu is a short trip from here.. This will give you time to adjust to the high altitudes before we go back to Cusco to enjoy the festivities and explore the numerous sites there.



*Plaza De Armas, Cusco, Peru*



*Machu Picchu*

We connect with the Q'ero shamans who trek for days from their remote homes high in the Andes to be with us. We participate in ceremonies with them at various sites and you may also have the opportunity to have a private Coca leaf reading or healing session with them.



While the emphasis of this tour is a spiritual one, you will also discover the Culinary and Musical delights of these regions while experiencing the wonder and power of the many Sacred Sites. The food of these regions is exceptional as there is an abundance of fresh, organic produce. The Sacred Valley is a fertile "foodbow!" of the region and fresh trout is a specialty. For the adventurous there is also Guinea Pig and Alpaca.



Peru is becoming known as a world leader in modern cuisine and there are many “fine dining” restaurants as well as the more “rustic” dining establishments.

Music is very much a part of the South American culture. You can listen to the traditional music or enjoy the emerging modern music scene.





*Uros Islands, lake Titicaca, Peru*

We spend quite a bit of time at Lake Titicaca in Bolivia. This region is one of rare power and incredible beauty. There are islands in this region that hold the secrets of the ages. Our guides and Shamans work with us to help unlock these secrets make our visit an unforgettable experience.



*The Aramu Muru Gateway, Peru*

There are many, many Sacred Sites to explore and our experienced guides will ensure that you visit the best of these including Sacsayhuaman, Machu Picchu, Pisac, Ollantaytambo, Lake Titicaca,

the Aramu Muru gateway, the Floating Islands, Islands of the Sun and Moon, Tiahuanaco and Copacabana.

You can even visit the “Witches Markets” in La Paz.



*Ancient Astronomical Observatory at Copacabana, Bolivia*



*Ceremony – Island of the moon, Lake Titicaca, Bolivia*

The group is kept to 10 or 12 people

I keep the group size small to ensure a more intimate experience and find that we are often able to go to places inaccessible to larger groups

The itinerary is a guide as this tour will be flexible so that at the discretion of our guides we are able to take advantage of the magic that happens in these places.

The tour includes – guides, accommodation, private transport, entrance to sacred sites, breakfasts some lunches and some dinners.

You are responsible for all flights eg Brisbane -> Lima-> Cusco and return La Paz (Bolivia) -> Brisbane.

You are also responsible for your own travel insurance which is mandatory.

Tips are not included but are expected.( allow min \$300 US)

**COST** - \$5,600 USD per person in a single room

Or the cheaper option-

\$5000 USD twin share

A non refundable deposit of \$2000 AUD is required to secure your place as this is a small group.

**Contact** Annie McKenzie for further details

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