MAYA 11.11.11 JOURNEY annie mckenzie & miguel angel vergara

November 7 to 17, 2011

ITINERARY

Nov. 7: ARRIVAL

Arrive in Villahermosa and transfer from airport to hotel. (overnight at the Cencali Hotel, Villahermosa)

Nov 8: LA VENTA PARK

This morning at breakfast you will meet your fellow travelers and your Maya Teacher/Guide, Miguel Angel Vergara. He will give you a tour of La Venta Park and introduce you to the beginnings of the Maya culture. Walk through the lush tropical vegetation of this outdoor museum and see the famous Olmec Heads weighing between 6 and 25 tons. A great beginning to your Maya adventure!

We then travel to Palenque where we will stop for lunch before continuing to the Usumacinta River where we will spend the night. (overnight Escudo Jaguar)



Nov 9: YAXCHILAN

You will be joined this morning by your Spiritual Teacher/Guide Annie Mckenzie and together with Miugel Angel take a boat down the Usumacinta River to the magical Maya site of Yaxchilan. Here there will be a ceremony and tour of the site with time to explore on your own before returning by boat to your hotel. (overnight Escudo Jaguar)

Nov 10: BONAMPAK

On the way to Palenque we stop at Bonampak to view the amazing murals at this incredible site. These murals are said to be the best preserved Maya murals and provide a wealth of information about the Maya. They are thought to have been painted in the late 8th century AD and depict battles, courtly behaviour, as well as details about public festivals. The name, Bonampak, was given to the site by an archeologist and means "painted walls" in the Maya language. We stay in Palenque tonight, enjoy a Full Moon, and prepare ourselves for 11/11/11 at the site tomorrow. (Overnight Kin Ha, Palenque)

Nov 11: PALENQUE 11/11/11



This morning we rise early and make our way to the very beautiful jungle site of Palenque. This ceremonial complex once covered over 25 square miles in its hey-day (100 to 900AD). Only $\frac{1}{2}$ square mile has been excavated to date. Much of this site lies hidden in the jungle but may be explored with a good guide if you are fit.

Our plan is to do ceremony today, inviting local Maya priests to join us, in the temple deep in the jungle.

This is a special site and we will be here on a special day to make the most of the powerful energy here. (overnight Kin Ha)

Nov 12: MISOL HA

We leave Palenque this morning and travel to San Christobal. Our first stop along the way is at the spectacular waterfall Misol Ha. This is situated in the jungle and there is a path that leads up to a cave so that you can stand behind the this powerful waterfall and look through. There is a pool at the base of the waterfall that might be possible for swimming, depending on the water levels. After this refreshing break we continue on to the fascinating city of San Christobal. (Overnight Hotel Ciudad Real, San Cristóbal.)

Nov 13: SAN CRISTOBAL

This is a beautiful Colonial town with wonderful markets where many indigenous groups sell their produce and crafts. The colouful costumes of the local people add a richness to the market experience. We visit the market in the morning and in the afternoon visit San Juan Chamula to see the church of the Maya Chamulas and connect with the sacred traditions of the Maya. (Overnight Hotel Ciudad Real, San Cristobal)

Nov 14: **CANON DEL SUMIDERO**

Today we make our way to the stunning Canon Del Sumidero and travel up the river through the Canon to visit waterfalls and caves. Spectacular scenery! We then return to San Cristobal for our last night here. (Overnight Hotel Ciudad Real)

Nov 15: TONINA

Today we visit the Maya site of Tonina. This seldom visited site is build on the side of a large hill with terraces giving the impression of a large pyramid. The temples are impressive and well worth seeing. After this visit we continue down the mountains to return to Palengue. (Overnight Hotel Kin-Ha, Palengue)

Nov 16: PALENQUE

We have a special second visit to Palengue to give you time on your own to explore this fabulous site. There will be a lunch break in the town of Palengue before we transfer to Villahermosa for our last night of the journey. (overnight Cencali, Villahermosa)

Nov 17: DEPARTURE

Transfer to Villahermosa airport.



Misol Ha

Ceremony



Tonina

PRICE PER PERSON IN USD: double occupancy: \$3,100.00

SINGLE SUPPLEMENT: \$470.00

INCLUDES:

- all teachings, meditations, ceremonies with Miguel Angel Vergara and Annie Mckenzie
- airport / hotel transfers
- ground transportation in air conditioned vehicle
- English/Spanish bilingual driver/guide
- entrance to all sites on itinerary
- 10 nights hotel accommodation
- American breakfast each morning
- tips for bellboys, chambermaids, and waiters

DOES NOT INCLUDE:

- drinks
- lunch or dinner