

# MAYA 11.11.11 JOURNEY

## ANNIE MCKENZIE & MIGUEL ANGEL VERGARA

*November 7 to 25, 2011*

### ITINERARY

#### Nov. 7: ARRIVAL

Arrive in Villahermosa and transfer from airport to hotel. (overnight at the Cencali Hotel, Villahermosa)

#### Nov 8: LA VENTA PARK

This morning at breakfast you will meet your fellow travelers and your Maya Teacher/Guide, Miguel Angel Vergara. He will give you a tour of La Venta Park and introduce you to the beginnings of the Maya culture. Walk through the lush tropical vegetation of this outdoor museum and see the famous Olmec Heads weighing between 6 and 25 tons. A great beginning to your Maya adventure!



We then travel to Palenque where we will stop for lunch before continuing to the Usumacinta River where we will spend the night. (overnight Escudo Jaguar)

#### Nov 9: YAXCHILAN

You will be joined this morning by your Spiritual Teacher/Guide Annie Mckenzie and together with Miguel Angel take a boat down the Usumacinta River to the magical Maya site of Yaxchilan. Here there will be a ceremony and tour of the site with time to explore on your own before returning by boat to your hotel. (overnight Escudo Jaguar)

#### Nov 10: BONAMPAK

On the way to Palenque we stop at Bonampak to view the amazing murals at this incredible site. These murals are said to be the best preserved Maya murals and provide a wealth of information about the Maya. They are thought to have been painted in the late 8<sup>th</sup> century AD and depict battles, courtly behaviour, as well as details about public festivals. The name, Bonampak, was given to the site by an archeologist and means "painted walls" in the Maya language. We stay in Palenque tonight, enjoy a Full Moon, and prepare ourselves for 11/11/11 at the site tomorrow. (Overnight Kin Ha, Palenque)

#### Nov 11: PALENQUE 11/11/11



This morning we rise early and make our way to the very beautiful jungle site of Palenque. This ceremonial complex once covered over 25 square miles in its hey-day (100 to 900AD). Only ½ square mile has been excavated to date. Much of this site lies hidden in the jungle but may be explored with a good guide if you are fit.

Our plan is to do ceremony today, inviting local Maya priests to join us, in the temple deep in the jungle.

This is a special site and we will be here on a special day to make the most of the powerful energy here. (overnight Kin Ha)

#### Nov 12: MISOL HA

We leave Palenque this morning and travel to San Christobal. Our first stop along the way is at the spectacular waterfall Misol Ha. This is situated in the jungle and there is a path that leads up to a cave so that you can stand behind the this powerful waterfall and look through. There is a pool at the base of the waterfall that might be possible for swimming, depending on the water levels. After this refreshing break we continue on to the fascinating city of San Christobal. (Overnight Hotel Ciudad Real, San Cristóbal.)

#### Nov 13: SAN CRISTOBAL

This is a beautiful Colonial town with wonderful markets where many indigenous groups sell their produce and crafts. The colourful costumes of the local people add a richness to the market experience. We visit the market in the morning and in the afternoon visit San Juan Chamula to see the church of the Maya Chamulas and connect with the sacred traditions of the Maya. (Overnight Hotel Ciudad Real, San Cristobal)

**Nov 14: CANON DEL SUMIDERO**

Today we make our way to the stunning Canon Del Sumidero and travel up the river through the Canon to visit waterfalls and caves. Spectacular scenery! We then return to San Cristobal for our last night here. (Overnight Hotel Ciudad Real)

**Nov 15: TONINA**

Today we visit the Maya site of Tonina. This seldom visited site is built on the side of a large hill with terraces giving the impression of a large pyramid. The temples are impressive and well worth seeing. After this visit we continue down the mountains to return to Palenque. (Overnight Hotel Kin-Ha, Palenque)

**Nov 16: EDZNA**

This morning we leave Palenque early and travel to Edzna, in the state of Campeche. This beautiful site of temples and pyramids is set in the jungle and you will have an opportunity to climb pyramids and connect with the special energies here. We then go to the city of Campeche for the night. (Overnight Hotel Baluartes, Campeche)

**Nov 17: UXMAL**

Today we make our way to one of the best known Maya Cities: Uxmal. The name means "Thrice Built" in Maya and refers to the "Magician's Pyramid". The Maya would often build one structure over another and in this case 5 stages of construction have been found. Uxmal is one of the largest cities of the Yucatan and at its height housed about 25,000 Maya. It is in the Puuc region and flourished in the late classic period (600 to 900 AD). The "Nun's Quadrangle" is a very powerful place and it is said there is an inter-dimensional portal there.

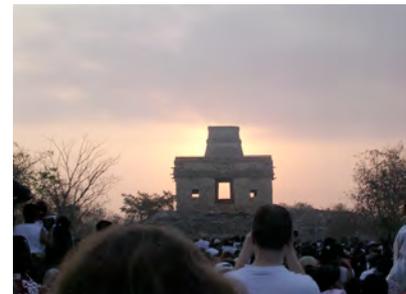
There should be time for the Light and Sound show this evening. (Overnight Hotel Villas Arqueologicas, Uxmal)



*Uxmal*



*Kabah*



*Dzibilchaltun*

**Nov 18: KABAH AND LOLTUN CAVES**

From Uxmal we travel a short distance to Kabah, a very beautiful site with its most famous feature being the "Palace of the Masks", the façade of which is decorated with hundreds of stone masks of Chaac, the rain god. Uxmal and Kabah were joined by a 18km long pedestrian causeway, 5 meters wide. It had monumental arches at each end. You can see the reconstructed one at Kabah.

We then visit the Loltun Caves, one of the largest cave systems in the Yucatan. We will be taken on a guided tour deep into the caves to see the stalactites, stalagmites, petroglyphs, and paintings. These caves are a very sacred place for the Maya.

Following our adventure in the caves we go to the beautiful city of Merida. (Overnight Los Aluxes, Merida)

**Nov 19: DZIBILCHALTUN AND AKE**

This morning we visit a very special site not far from Merida – Dzibilchaltun – the "place where there is writing on the stones". There is the Museum of the Maya People, an excellent and very comprehensive museum. We follow a winding path to the Temple of the Seven Dolls, named so because when excavated, seven dolls were found inside. They now reside in the museum in Mexico City. The temple is astrologically aligned to frame the rising sun at the spring and autumn equinox. The energy here is very powerful. Another attraction of the site is the Xlakah Cenote also known as the "Womb of the Mother" as it is shaped like a uterus and has a long tunnel at the deep end. The waters here are totally changed every 24 hours which keeps them fresh and alive. It is a fantastic place to swim.

In the afternoon we will visit another site near Merida: Ake. This is an out of the way site not often visited by tourists. There are unusual stone pillars atop a step pyramid platform. We return to our hotel in Merida for the night. (Overnight Los Aluxes, Merida)

**Nov 20: CHICHEN ITZA AND CENOTE IK KIL**

We leave early this morning to travel to the famous site of Chichen Itza. This was the most impressive ceremonial center in South Eastern Mexico. It was a place of power and home to the Itzas and was dedicated to the teachings of KuKuulKaan, the Feathered Serpent. It was founded in 435AD and around 900AD, there appeared a new architectural style. It was and still is a most impressive and imposing city... the Pyramid of KuKuulKaan, or El Castillo, is well known for the way the light and shadow creates the image of a serpent descending the stairs at the times of the equinox.



Chichen Itza features prominently in the 2012 prophecies and many are planning to be at the ball court for the winter solstice, December 21, 2012.

In the afternoon we will visit the incredibly beautiful cenote Ik Kil. This cenote is a large circular well-like structure filled with crystal clear water. Vines hang down into the water creating a magical curtain with birds flitting to and fro between vines and small waterfalls. It is a great place to swim and there is a good restaurant on the site.

At the end of this day we go to the magical town of Valladolid. (Overnight Hotel Meson del Marques, Valladolid)

**Nov 21: EK BALAM AND CENOTES**

This morning we travel to the Dzitnup Cenote which is very special because of the heart shaped opening in the ceiling of the cave. The water is cool and clear and excellent for swimming. You can swim out to the numerous stalactites. It is wonderful to submerge yourself in the special waters of this place.

The afternoon will be spent exploring the magical site of Ek Balam. The name means Black Jaguar (or Star Jaguar). It was founded in 100BC and was one of the most powerful pre Hispanic cities – economically, socially, and spiritually. Ek Balam reached its peak during the late classical period (600AD to 1,000AD) and covered 12 square kms. There were some 45 structures at the site but one of the most exciting contains a recent discovery of Winged Gods resembling Angels. These are incredibly beautiful and are so perfectly preserved they look as if they were done yesterday. This very special site was supposedly referred to by Edgar Cayce in a prophetic channeling.

We return to Merida for our last night in the Yucatan. (Overnight Los Aluxes, Merida)



*Ik Kil Cenote*



*Ek Balam*



*Teotihuacan*

**Nov 22: MEXICO CITY**

Transfer to Merida airport for flight to Mexico City. (Overnight Hotel Century Reforma, Mexico City)

**Nov 23: TEOTIHUACAN**

We travel about 1 ½ hours to the north of Mexico City to Teotihuacan, an immense and important pre Hispanic archeological site. This city is very carefully laid out and the dimensions of the Pyramid of the Sun are thought to be as significant as those of the great Pyramid in Egypt. This site is evidence of a highly advanced civilization and was considered one of the largest cities in ancient Mexico. It began (supposedly) around the time of Christ and flourished until 750AD reaching a maximum population of 200,000 people and an area covering 40 square miles. The Temple of the Moon is another significant structure at the northern end of the site. It is possible to climb both. We also visit the Temple of Quetzalcoatl before making our way back to our hotel. (Overnight Hotel Century Reforma)

**Nov 24: ANTROPOLOGICAL MUSEUM**

Today is spent on a tour of Mexico City and the Anthropological Museum. This museum is outstanding and is worthy of several visits, but we will make the most of this one visit. (Overnight Hotel Century Reforma)

**Nov 25: DEPART MEXICO CITY**

Transfer to Mexico City Airport.

**PRICE PER PERSON IN USD:** double occupancy: **\$4,950.00**

**SINGLE SUPPLEMENT: \$750.00**

**INCLUDES:**

- all teachings, meditations, ceremonies with Miguel Angel Vergara and Annie Mckenzie
- airport / hotel transfers
- ground transportation in air conditioned vehicle
- airfare Merida / Mexico City
- English/Spanish bilingual driver/guide
- entrance to all sites on itinerary
- 18 nights hotel accommodation
- American breakfast each morning
- tips for bellboys, chambermaids, and waiters

**DOES NOT INCLUDE:**

- drinks
- lunch or dinner